



Stomp & Kick

Choreographed
by:

Kate Sala, UK (Feb 10)

Music:

Don't Lose Any Sleep Over You by **Amy Diamond** (CD: 95bpm)

Descriptions:

40 count - 4 wall - Intermediate level line dance

[Start after 16 Count Intro.](#)

Jazz Box With Toe Struts, Jump, Chasse Right, Sailor Step With 1/4 Turn Left.

- 1&2& Cross R Toe over L. Drop R heel to floor. Step back on L Toe. Drop L heel to floor.
- 3&4 Step R Toe to R side. Drop R heel to floor. Jump in place bringing in L next to R.
- 5&6 Step R to R side. Step L next to R. Step R to R side.
- 7&8 Cross step L behind R. Turn 1/4 L stepping R to R side. Step L slightly forward. (**9 o'clock**)

Stomp, Stomp, Kick, Out, Out, Ball Step, Rock Forward, Shuffle 1/2 Turn Right.

- 1&2 Stomp R down in place. Stomp L down in place. Kick forward with Right.
- &3 Step on R out to R side. Step on L out to L side.
- &4 Step down on ball of R into centre. Step forward on L.
- 5-6 Rock forward on R. Recover onto L.
- 7&8 Turn 1/4 R stepping R out to R side. Step L next to R. Turn 1/4 R stepping forward on R. (**3 o'clock**)

Side Strut L, Cross Rock Back, Kick Forward, Rock Back, Charleston Step, Rock Back.

- 1&2& Step L Toe to L side. Drop L heel to floor. Cross rock back on R behind L. Recover on L.
- 3&4& Kick R foot forward. Step R down in place. Rock back on L. Recover onto R.
- 5-6 Step forward on L. Swing R foot round from back to front touching R toe forward.
- 7 Swing R foot round from front to back stepping back on R.
- 8& Rock back on L. Recover onto R. (**3 o'clock**)

Walk Forward x2, Mambo Forward, Turn 1/2 Right x2, Touch Right Next to Left, Bump Hip.

- 1-2 Walk forward on L, R.
- 3&4 Rock forward on L. Recover onto R. Step back on L.
- 5-6 Make 1/2 turn R stepping forward on R. Make 1/2 turn R stepping back on L.
- 7&8 Touch R toe next to L instep. Bump R hip to R side. Recover onto L. **(3 o'clock)**

Right Side Rock & Cross, Left Side Rock & Cross, Step Pivot 1/2 Turn L. Kick, Turn 1/2 L, Kick.

- 1&2 Rock out on R to R side. Recover onto L. Cross step R over L & stepping slightly forward.
- 3&4 Rock out on L to L side. Recover onto R. Cross step L over R & stepping slightly forward.
- 5-6 Step forward on R. Pivot 1/2 Turn L.
- 7-8 Kick R foot forward. Pivot 1/2 turn on ball of L kicking R foot forward. **(3 o'clock)**

Start Again.

TAG: 8 Count Tag is danced everytime you face the back & front wall.

END of wall 2 facing 6 o'clock.

END of wall 4 facing 12 o'clock.

END of wall 6 facing 6 o'clock.

Cross Rock, Chasse Right With 1/4 Turn Right, Step Pivot 3/4 Turn R, Chasse Left.

- 1-2 Cross rock on R over L. Recover onto L.
- 3&4 Step R to R side. Step L in next to R. Make 1/4 turn R stepping forward on R.
- 5-6 Step forward on L. Pivot 3/4 turn R.
- 7&8 Step L to L side. Step R in next to L. Step L to L side.

ENDING: You will finish the dance with Rock step shuffle 1/2 turn to face 9 o'clock on count 8 section 2. Then turn 1/4 R stepping L to L side for the last beat of the song to face 12 o'clock.